



ASHI CPR and AED



# AED & CPR TRAINING

**IT IS NEVER TOO EARLY TO BE PREPARED FOR THE UNEXPECTED**

This course will teach you how to recognize cardiac arrest, activate emergency medical services, perform CPR and use the AED until additional assistance arrives. The course will also cover how to respond to urgent choking situations.

Participants will receive a two year certificate upon successful completion.  
Open to anyone in Grade 5 +

**WEDNESDAY, MARCH 29**

**3:15 - 4:45 PM**

Register On-line at: [Register.CommunityPass.net](http://Register.CommunityPass.net)

Ashland Recreation Center, 162 W Union Street, (508) 881-0140 x2