

ASHLAND HIGH SCHOOL MENU

June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3 Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans & Honey Carrot	4 Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans	5 Marvelous Mac N' Cheese with Peas (V)	6 Pizza Party! (V)	7 Crispy Coconut Fish Yellow Rice & Roasted Plantain
10 Hamburger, Cheeseburger, Veggie Burger (V) French Fries	11 Crispy Chicken Sandwich Smashed Potatoes Carrots & Peas	12 High School Exam Day Limited Menu Available Variety of Salads & Sandwiches (V)	13 High School Exam Day Limited Menu Available Variety of Salads & Sandwiches (V)	14 High School Exam Day Limited Menu Available Variety of Salads & Sandwiches (V)
17 High School Exam Day Limited Menu Available Variety of Salads & Sandwiches (V)	18 180th School Day Last Day of School Early Release No Lunch Served	19 Have a Fun and Safe Summer Enjoy!!	20	21
24	25	26	27	28
27	28	29	30	31

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.

- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.
- To translate this menu, upload it to deepl.com.

Comments or concerns? Contact the Nutrition Services department at ashland.k12.ma.us/NutritionServices or 508-881-0165.