

MAY 2025

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Pizza Party! (V)	Dutch Waffles (V) Sausage, Hashbrown Orange Pineapple Yogurt Smoothie
Pork Carnitas on a Soft Tortilla (V) Onions & Peppers Mexican Rice Tomato, Corn & Black Bean Salad	Chicken Cheddar Bacon Ranch Sandwich Mediterranean Salad Goldfish Crackers	Marvelous Mac N' Cheese with Peas (V)	Pizza Party! (V)	Cheese Omelet (V) Sausage, Hashbrown Potatoes Apple Cinnamon Muffin
Hamburger, Cheeseburger, Veggie Burger (V) French Fries	Roast Turkey Mashed Sweet Potatoes, Stuffing & Gravy	American Chop Suey Roasted Ranch Broccoli Breadstick	Pizza Party! (V)	Buttermilk Pancakes (V) Sausage, Real Maple Syrup Warm Apple Crisp
Teriyaki Chicken, Oven Fried Rice Fortune Cookie	Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans	Cheese Ravioli (V) Roasted Zucchini Garlic Knot	Pizza Party! (V)	"Fish & Chips" Fish Sticks with Fries Cole Slaw
Memorial Day No School	Roast Beef & Provolone Melt Sandwich Au Jus for Dipping Smiley Fries	"Sticks & Stones" Mozzarella Sticks & Saucy Kelp Meatballs (V) or Saucy Beef Meatballs Veggie Pasta Salad	Pizza Party! (V)	Orange Chicken Steamed Rice, Stir Fried Veggies & Fortune Cookie

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

