



MAY 2025

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	2 Dutch Waffles (V) Sausage, Hashbrown Orange Pineapple Yogurt Smoothie Or Muffin Fun Lunch (V)
5 Ham and Cheese on a Pretzle Roll Or Sunny Bar Fun Lunch (V)	6 Crispy Chicken Tenders and Mashed Sweet Potatoes Or Fruit and Cheese Fun Lunch (V)	7 Marvelous Mac N' Cheese Or Bagel Fun Lunch (V)	8 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	9 Cheese Omelet (V) Sausage, Hashbrown Potatoes Or Muffin Fun Lunch (V)
12 Hamburger, Cheeseburger, Veggie Burger (V) French Fries Or Sunny Bar Fun Lunch (V)	13 Muchos Nachos (V) Or Fruit and Cheese Fun Lunch (V)	14 American Chop Suey Roasted Ranch Broccoli Breadstick Or Bagel Fun Lunch (V)	15 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	16 Buttermilk Pancakes (V) Sausage, Real Maple Syrup Warm Apple Crisp Or Muffin Fun Lunch (V)
19 Teriyaki Chicken, Oven Fried Rice Fortune Cookie Or Sunny Bar Fun Lunch (V)	20 Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans Or Fruit and Cheese Fun Lunch (V)	21 Cheese Ravioli (V) Roasted Zucchini Garlic Knot Or Bagel Fun Lunch (V)	22 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	23 "Fish & Chips" Fish Sticks with Fries Cole Slaw Or Muffin Fun Lunch (V)
26 Memorial Day No School	27 Chicken Fajita on a Soft Tortilla Or Fruit and Cheese Fun Lunch (V)	28 Sticks & Stones" Mozzarella Sticks & Saucy Beef Meatballs (V) Veggie Pasta Salad Or Bagel Fun Lunch (V)	29 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	30 Orange Chicken Steamed Rice, Stir Fried Veggies & Fortune Cookie Or Muffin Fun Lunch (V)

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

